

DANSE AND SPIRITUALITY



« SPIRITUAL PRACTICES FOR DANCERS »

1-OPENING

Greetings by **Dr. Kontogiannis Constantin** Member of the CID Executive Committee Presentation of the officials (CID,UNESCO,)

Presentation of **Dr Carla Walter** and **Mrs Natalia Mogolivets**, hostesses of the seminar- by Dr. Kontogiannis

2-SPIRITUAL PRACTICES FOR DANCERS (1ST Part)

Dr Carla Walter

"Spirituality and Sacred Dances - A daily practice"

Dr. Walter will discuss the spiritual aspects and power of dance found in cultures before the advent of organized religion. At the same time, she will give guidance on how to embody dance as spiritual for teachers as well as for practitioners.

See presentation in English

See presentation in French

3 - SPIRITUAL PRACTICES FOR DANCERS (2d Part)

Ms Natalia Mogolivets

"Dance as psycho practice"

Ms Mogolivets will first summarise various existing spiritual practices which have inspired her and then present her teaching method and its benefits for the dancers

See presentation in English

See sPresentation in french

Testimonies of Ms Natalia Mogolivets Students and partners

Evgenia Chernobay Yoga Methods in Dance Practice (*Behavior Trainings*)

Read text in English

Pihulya Elena: Yogic meditation in Dance Teaching

Read text in English

Shved Olga: Techniques and Meditations in Erotic Dance

Read text in English Read text in French

4 – <u>CONCLUSION</u>

Questions/Réponses *Questions and Answers*

Conclusions / Perspectives